



# Northwest Health and Nutrition Conference

Exploring the science behind plant-based nutrition

Learn the latest on nutrition and diet to combat chronic disease. Offering up to 6.25 AMA PRA Category 1 Credits™

## Friday, Oct. 21, 2016

Oregon Convention Center

8:30am—5:00pm

Register online at:

[nwveg.org/hconf](http://nwveg.org/hconf)

### Conference Presenters



### Conference Supporters



## Speakers



**Neal Barnard, M.D.**  
F.C.C.C  
Plant-Based Diet for  
Diabetes and Obesity



**Milton Mills, M.D.**  
How Plant-based Diets  
Improve the Interaction  
between the GI Tract and  
the Microbiome



**Julieanna Hever,  
M.S., R.D.**  
Transforming the  
Future of  
Healthcare



**Alan Goldhamer,  
D.C.**  
Fasting: An Ancient  
Approach to  
Modern Problems



**Brooke Goldner,  
M.D.**  
Healing Autoimmune  
Disease with  
Supermarket Foods

### Earn 6.25 CE credits

**MD, DO, RN:** This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of Adventist Medical Center and Northwest VEG. Adventist Medical Center is accredited by the Oregon Medical Association to sponsor continuing medical education to physicians. Adventist Medical Center designated this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™.

**RD, DTR:** The Commission on Dietetic Registration has approved this activity for 6.0 CPE. Activity 129101

**ND:** The Oregon Board of Naturopathic Medicine has approved this activity for 6.25 hours of general CE credit, Approval 16-378.